

PROGRAM GUIDE

Plainville Adult and Continuing Education/860.793.3209

Winter/Spring 2024

FREE:

**English as a Second Language
Citizenship Preparation
Adult Basic Education
Adult High School
GED® Preparation**

**A Family Literacy
Program with
FREE Childcare
Call 860.793.3209**

**FAST TRACK TRAINING
NEW! Roadway Work Zone Flagger Certification
CT Security Officer License, Heartsaver CPR Certification**

**PLUS Boot Camp for New Dads®
AND NEW ENRICHMENT CLASSES**

¡Línea directa de información en español!

(860) 793-6304 x 3

Enrichment

NEW! I Just got a Cricut, Now What?

Come join us to learn about the machine, the Design Space program, different materials and walk out with a creation of your own. Instruction by: Room 13 Creations. **Register 2-weeks before each class date:**

Session A: Cutting Vinyl make a glass can: March 13, 2024

Session B: Iron-on-Vinyl make a Tee (write size on Reg. Form): **April 24, 2024**

Session C: Paper make flowers (flower sizes are small & medium): **May 22, 2024**

Each Session: 5pm-7pm Min: 3 Max: 15 PHS, Rm 117 Fee: \$35 **NO DISCOUNTS PLUS** \$20 materials fee, payable to the instructor in class

NEW! Professional Artist Demonstration "Drawing Faces and an Evolution into Caricature"

Drawing distinction and what/how it can be exaggerated to the extent preferred on people. Method: drawing live while describing a face (from photos of celebrities and/or volunteers) and showing "true" caricatures and comparison pieces.

Judy Tourangeau Tuesday, April 30, 2024 5pm-7pm Fee: \$15
1-session Minimum: 15 PHS, Room 117 **Registration Deadline: 4/16/2024**

NEW! Watercolor Basics

Learn the basics of watercolor painting through observation. A variety of roses will be available in class with instruction about creating convincing organic leaf and petal forms. We will explore brushwork through easy warm-up exercises and learn how to adapt those skills into a finished painting. Instructor: Laura Dechaine Studios

Tuesday, March 26, 2024 5pm-7pm 1-session Minimum: 4 Max: 12
PHS, Room 325 Fee: \$30 **NO DISCOUNTS Registration Deadline: 3/5/2024**

PLUS \$25 materials fee, payable to the instructor in class.

Wire Wrapped Seaglass

Learn how to wire wrap different pieces of sea glass. Leave with two finished pendant necklaces. Many colors of wire and sea glass to choose from. **Registration Deadline: 4/30/2024**

Laurie Lynn Zlotowski Tuesday, May 14, 2024 5pm-7pm
1-session Minimum: 6 PHS, Room 325 Fee: \$30 **NO DISCOUNTS**

PLUS \$25 materials fee, payable to the instructor in class.

NEW! Sugar Scrubs

Learn several different recipes with essential oils or without, to create two different exfoliating scrubs. These make wonderful gifts and all steps will be shown. Instructor: Laurie Lynn Zlotowski

Monday, March 11, 2024 5pm-7pm 1-session Minimum: 6 PHS, Rm 325
Fee: \$30 **NO DISCOUNTS Registration Deadline: 2/26/2024**

PLUS \$15 materials fee, payable to the instructor in class.

NEW! Stamped Metal Bracelet

Bring a short phrase with you to stamp into your bracelet cuff. Use of different font sets, hammer and all necessary tools.

Laurie Lynn Zlotowski Tuesday, May 7, 2024 5pm-7pm
1-session Minimum: 6 PHS, Room 325 Fee: \$30 **NO DISCOUNTS**

PLUS \$30 materials fee, payable to the instructor in class. **Reg by: 4/23/2024**

Soy Candle Making

Choose from 150 different scent options, leave with two finished candles that burn over 25 hours each. Learn every step needed; labels and decorations will be provided as well.

Laurie Lynn Zlotowski Wednesday, April 3, 2024 5pm-7pm
1-session Minimum: 6 PHS, Room 325 Fee: \$30 **NO DISCOUNTS**

Registration Deadline: 3/20/2024

PLUS \$25 materials fee, payable to the instructor in class.



Boot Camp for New Dads®

WELCOMING NEW & EXPECTANT DADS FROM ALL TOWNS!

This "Daddy Boot Camp" supports the transition to fatherhood. Designed for expectant dads & new dads, it's been in existence 30+ years, and has graduated 500,000+ men. Enjoy the sports & military themes, while learning about: baby blues, calming a crying baby, safety, dealing with pets, stress, diapering, developing one's own style, answers to your questions, and much more. **NEW DADS, BRING YOUR BABY!**

Coach Gary Smith Thursday, April 18, 2024 5:30pm-8pm
1-session Minimum: 1 PHS, Room 123 Fee: \$25 (scholarships avail.)
Includes a book: Crash Course for Dads-To-Be **Reg. Deadline: 4/4/2024**

NEW! Judo

Learn JUDO-5 reasons: **Discipline**-learn how to protect yourself and use your opponent's strength against them, and how to escape from holds/grabs. **Physical Fitness**-improve strength, flexibility, and cardiovascular health; learn how to fall safely, to prevent injuries. **Mental Discipline**-focus and stay calm under pressure, control your emotions, make quick decisions. **Character Development**-develop a strong sense of character, be respectful, responsible, and disciplined. **Fun**-rewarding activity enjoyed by people of all ages and abilities. If you are looking for a martial art to improve your self-defense skills, physical fitness, and mental discipline, then judo is a great option. **Off Site: Valiant Martial Arts, Berlin Thom Knowlton** Tuesdays & Thursdays, April 2-18, 2024 6pm-7:15pm
6-sessions Minimum: 1 Fee: \$60 **NO DISCOUNTS Register by: 3/19/2024**

NEW! Life and Times of Edgar Allen Poe

Although he is known as the master of horror stories, Poe was more than that. Edgar Allen Poe wrote some of the first American Murder Mysteries long before Sir Arthur Conan Doyle or Agatha Christie. Poe was also a gifted and talented writer of poetry and even wrote a Science Fiction story or two, long before either Jules Verne or H.G. Wells. Learn the story of how Poe became one of America's most prolific writers of literature.

Leon DiMartino Tues., April 30, 2024 5pm-7pm 1-session PHS, Room 115
Minimum: 1 Fee: \$20 **Registration Deadline: 4/16/2024**

NEW! Life and Times of Robin Williams

Comedian, television series star and movie actor are just a few of the roles that Williams played during his life. He was interesting and controversial in the way he performed. Learn the story of this gifted celebrity, who was often underrated and not credited for the body of work that he contributed to the entertainment industry.

Leon DiMartino Tuesday, May 14, 2024 5pm-7pm 1-session PHS, Room 115
Minimum: 1 Fee: \$20 **Registration Deadline: 4/30/2024**

NEW! German for Travelers

In this easy to learn German class, students will learn about every day phrases, numbers, how to order food and more!

Peggy Byram Mondays, April 15-29, 2024 5pm-7pm 3-sessions
Minimum: 5 PHS, Room 117 Fee: \$65 **Registration Deadline: 4/1/2024**

Conversational Spanish

Join this class and practice conversation in-person with like-minded adults, who are learning Spanish, too! Multi-Levels.

Ana Zapata Tuesdays and Thursdays March 5-April 2, 2024 6pm-7pm
8-sessions Minimum: 8 Max: 15 PHS, Room 115 Fee: \$60

Registration Deadline: 2/20/2024

Enrichment

Mindfulness Meditation

Become a presence of healing, wisdom, and loving-kindness for yourself and others through the practice of mindfulness. Mindfulness is the ability to pay attention to feelings, thoughts, and our physical sense experiences without judgment. We let them arise and let them go without holding on to or fighting them. Mindfulness makes it easier to release unhealthy patterns of thought and behavior so we can respond to situations, other people, and ourselves with greater skill, compassion, and wisdom. Equanimity develops and we can stop chasing after pleasure and running from pain. Clinical studies have shown that the practice of mindfulness can reduce stress, anxiety, pain, depression, insomnia, and high blood pressure. This class is an opportunity to practice the meditation and learn about Buddhist psychology in a supportive group. The course will not cover Buddhist religion. Guide: Loel Meckel

2-sessions to choose from: select A, B, or both

Session A: Thursdays, March 7-April 18, 2024 Fee: \$15 Register by: 2/22/24

Session B: Thursdays, April 25-May 30, 2024 Fee: \$15 Register by: 4/11/24

Schedule for A & B: 6pm-7pm 6-sessions Min: 5 Max: 20 PHS, Rm 117

NEW! Reiki 1 Certification

Covered in class: Reiki attunements, energy, symbols, and more. Peggy Byram Tuesdays, May 14-28, 2024 5pm-7pm 3-sessions Min: 4 Max: 6 PHS, Rm 117 Fee: \$75 **NO DISCOUNTS** Reg. Deadline: 4/30/2024

Professional Speaking Skills

I help presenters "shine" in front of every audience. I show you how to tailor your approach to anyone—so they feel like it's customized just for them. I'll teach you the exact skills and techniques you need to instantly transform your presentation into one that always gets you that WOW factor.

Thom Knowlton Tuesday, March 5, 2024 6pm-7:15pm 1-session Minimum: 1 Max: 35 PHS, Room 125 Fee: \$40 **Registration Deadline: 2/20/24**

Riveting PowerPoint

53,000 presentations every hour of every day. The problem: majority are "horr-a-bull," boring, and sleep inducing. You want to deliver presentations that make an impact on people. Learn about eye-catching slides. This workshop will give you all you need in order to present with confidence.

Thom Knowlton Tuesday, March 12, 2024 6pm-7:15pm 1-session Minimum: 1 Max: 35 PHS, Room 125 Fee: \$40 **Reg. Deadline: 2/27/24**

First Impressions/Interviewing

People decide within the first seven seconds whether they like you, trust you, or even do business with you, and you haven't even said a word. You will learn the skills, tips and techniques to shine every time in every situation. What to wear, how to enter, when to sit, and gestures that present a good first impression.

Thom Knowlton Tuesday, March 19, 2024 6pm-7:15pm 1-session Minimum: 1 Max: 35 PHS, Room 125 Fee: \$40 **Registration Deadline: 3/5/24**

NEW! Medicare 101 Making Medicare Uncomplicated

Learn what Medicare is, what it pays for, what it doesn't pay for, the difference between supplement plans and advantage plans, prescription plans, and when to apply to avoid being penalized.

Robert and Christian Pisani of Turning Point Insurance

Repeated over 2 sessions, select the date that works best for you!

Session A: Wednesday, April 3, 2024 Session B: Wednesday, May 15, 2024

Each session: 6pm-7pm, PHS-Rm 115, Min: 5 Max: 15 Fee: \$15 Register 2-weeks prior

NEW! Trustee Know-How

Have you been named Trustee? The Trust Administration Essentials course is designed to provide a comprehensive understanding of trust administration principles and practices while providing you with practical knowledge to effectively administer trusts. We will delve into the essential aspects of trust administration such as trust creation, trustee responsibilities, trust accounting, distribution procedures and fiduciary duties. Whether you are seeking to enhance your expertise as a Trustee, or to better manage your trust, this course equips you with the essential tools to confidently undertake trust administration responsibilities. Attorney Amanda Gilbert-Largent Monday, April 29, 2024 5:30pm-7pm **Registration Deadline: 4/15/24** 1-session Minimum: 3 PHS, Room 115 Fee: \$15

NEW! Social Security Strategies and Your Retirement Future

Choosing when to elect your Social Security benefits can be one of the most important decisions as you approach retirement. During this educational workshop, you will learn the influence of timing strategies on tax liability and overall benefit values. We will discuss spousal benefits, as well as widow, divorced and single claiming concepts. Additionally, we will illustrate how implementing social security timing in the context of your retirement planning is paramount in creating a successful retirement plan.

Dave Weyner Thursday, March 14, 2024 5:45pm-7pm 1-session Fee: \$15 Minimum: 3 Max: 20 PHS, Room 115 **Registration Deadline: 2/29/2024**

Estate Planning 101

This course will review the basic Estate Planning documents everyone should have, including a Last Will and Testament, Durable Financial Power of Attorney, Health Care Power of Attorney and Revocable Living Trusts. We will also discuss how to "avoid" probate and protect assets. Attorney Amanda Gilbert-Largent Monday, April 15, 2024 5:30pm-7pm 1-session Fee: \$15 Minimum: 3 PHS, Room 115 **Registration Deadline: 4/1/2024**

Advanced Estate Planning

You've heard about trusts, but what are they and what can they do for you? This course will cover advanced estate planning topics like how trusts are created, explain the different types of trusts, how to use trusts to minimize and/or avoid taxes, protect assets, and keep public benefits for loved ones with special needs. Also discussed will be how to "avoid" probate through the use of these advanced planning tools. Attorney Amanda Gilbert-Largent

Monday, April 22, 2024 5:30pm-7pm 1-session Fee: \$15 Minimum: 3 PHS, Room 115 **Registration Deadline: 4/8/2024**

NEW! Four Critical Components to a Successful Retirement

In this broad sweeping course, we will cover the implications of several major topics and the effects they can have on planning a successful retirement. Inflation, social security timing, taxation and market volatility will all be discussed at length, as well as strategies to protect and create income. Learn how making critical decisions in planning can help you combat the financial security issues we face as a society in the modern age.

Dave Weyner Thursday, May 9, 2024 5:45pm-7pm 1-session Minimum: 3 Maximum: 20 PHS, Room 115 Fee: \$15 **Registration Deadline: 4/25/2024**

NO COST Mandated Programs Promote College/Career Readiness

¡Línea directa de información en español! (860) 793-6304 x 3

REGISTER: (860)793-3209

3-Ways to Earn YOUR Diploma!

Adult High School Credit Diploma Program

Earn credits for a high school diploma by taking courses at Plainville High, plus transfer credits from any former schools. Experience in the military, community, home, or work may also qualify for credits; 25 credits are required to graduate in specific subject areas. Students are goal orientated and self motivated.

Rolling Enrollment at Plainville High School, FREE!

Mondays-Thursdays / 4pm-7pm / custom schedules available

GED® General Educational Development Preparation

Morning Session also available with free childcare. See Page 6.

Prepares adult learners to pass the 4-part, computer-based GED® exam to earn a State of Connecticut diploma. Students receive instruction in each of the four subject areas – science, social studies, math and language arts. In addition, students attend weekly Computer Lab sessions, acquire basic computer skills to take the exam, review the official website (ged.com, where students can access related exam information and exam registration procedures) take official practice tests, and optional virtual prep courses.

Instructor: L. Butler, Plainville High School, FREE!

Mondays-Thursdays, 5pm-7pm, Room 123

Spring Semester: February 12 - May 23, 2024

Please Note: Accommodations on the GED® tests are available for qualified individuals with a disability. For more information, contact Martha Smith (860) 793-3209. You may also contact Sabrina Mancini at the CT State Department of Education (860) 807-2110.

National External Diploma Program (NEDP)

Designed for adults who have gained skills through life experiences and have demonstrated competence in a particular job, talent, or academic area. This self-paced program does not require classes. Alternatively, it provides a self-paced, one-on-one experience with a trained NEDP Assessor/Advisor, providing flexible meetings by appointment, to demonstrate complete mastery of skills. Program completion can vary, but averages six months to a year. *Federally funded by a grant in partnership with Bristol Adult Ed., the NEDP is a nationally certified program. Call (860) 793-3209. FREE!*

English as a Second Language (ESL)

Morning Session also available with free childcare. See Page 6.

Designed to assist students in a multi-level group atmosphere. With students who have little or no fluency in English, attention is given to learning the basic English skills that permit increased self-reliance in speaking the language. Students with this base knowledge increase fluency in speaking, reading, and writing. In addition, language structure, grammar, and punctuation are stressed. **FREE!**

Instructor: M. Smith, Plainville High School, Room 128

Mondays through Thursdays, 5pm-7pm

Spring Semester: February 12 - May 23, 2024

Adult Basic Education (ABE)

Morning Session also available with free childcare. See Page 6.

ABE is a competency based program of instruction for native or foreign-born English speaking adult students who need to develop fundamental skills. ABE offers structured practice in reading and English to survive in today's world, with communication stressed. Students will strengthen consumer and employability skills, as they are instructed in mastering basic operations of addition, subtraction, multiplication, and division using whole numbers, fractions, decimals, percents, and setting up numbers to solve problems. ABE may serve as a transition to diploma programs. This program includes weekly Computer Lab sessions. **FREE!**

Instructor: L. Butler, Plainville High School, Room 123

Mondays through Thursdays, 5pm-7pm

Spring Semester: February 12 - May 23, 2024

Citizenship Preparation

This is a competency-based program of instruction for immigrants who wish to become American citizens. This program assists those who would like help in preparing for oral or written citizenship tests; sample test questions will be available. Classes provide knowledge of American history, the U.S. Constitution, rights of citizens, and the structure and function of national, state, and local government.

Instructor: M. Smith, Plainville High School, Room 128, FREE!

Mondays, 3pm-5pm

Spring Semester: February 12 - May 20, 2024

Community Health!

FREE INFO. SESSION, COME LEARN ABOUT:

THE CONNECTICUT BREAST AND CERVICAL CANCER EARLY DETECTION PROGRAM

This is a screening program available for medically underserved women in CT. The objective of the program is to increase the number of women who receive breast and cervical cancer screening, diagnostic and treatment referral services. All services are offered free of charge through the Connecticut Department of Public Health. These screening and diagnostic services are for women 21-64 years.

THE WISEWOMAN PROGRAM

This is a CDC-sponsored program designed to help 40-64 year old women reduce their risk for heart disease and promote a heart-healthy lifestyle.

FREE! Wednesday, May 8, 2024 5pm-7pm PHS, Room 125

Please Register by April 24, 2024

Refreshers for Diploma Holders

Grammar and English Usage

Receive help with proper English usage and grammar.

Mrs. Bresnahan Wed., March 6-March 27 3pm-4pm 4-sessions Fee: \$100
Minimum: 3 PHS, Room 123 **Registration Deadline: 2/21/2024**

Math

Increase your understanding of consumer math.

Mrs. Smith Tuesdays, March 5-March 26 3pm-4pm 4-sessions Fee: \$100
Minimum: 3 PHS, Room 128 **Registration Deadline: 2/20/2024**



Traveling Teachers
860.793.3209

**CUSTOMIZED PROGRAMS
DELIVERED TO YOUR BUSINESS**

CT SECURITY OFFICER LICENSE TRAINING WITH CERTIFICATION

*Train Today,
Work Tomorrow!*



Successful course completers will be issued a training certificate, required to apply for your license to the Connecticut Department of Emergency Services and Public Protection. This course covers: info about the Security Industry, how to be a Security Officer, and job exploration, CT laws about the security industry, self defense and the use of force, and citizen's arrest will be reviewed. Learn about: the use of force continuum, fire safety, work place violence, terrorism, communication skills, and more. CT Security Officer's Training Certification Course for the CT Guard Card is governed by the CT Department of Emergency Services and Public Protection Division of State Police Special Licenses and Firearms Unit. The certification process will be reviewed during training, outlining: Application-fees, Fingerprinting-fees, Background fees, photo (totaling \$223.25) and additional requirements, such as, a copy of your current Driver's License or State ID, and Papers of Naturalization or Green Card, if applicable. Eligibility: Must be at least 18 years of age with no felony record and no sexual offenses.

This program will be offered twice. Please choose the session that works for you. Each session has 1 class.
Session A: Saturday, March 9, 2024 (Register by 3/1/24)
Session B: Saturday, April 27, 2024 (Register by 4/20/24)
 Time: 9am-4pm Location: Plainville Public Library
 Minimum: 5 Maximum: 15 Tuition: \$125 **(NO DISCOUNTS)**
If there are fewer than 5 students, the program will be done off-site in East Haven and you will be notified. Instruction by: LJB Training.

There is a state statute that waives the class mandate as a prerequisite for licensure obtainment to: veterans honorably discharged within 2-years, active military, reserves and national guard, and some retired law enforcement officers.

NEW! ROADWAY WORK ZONE FLAGGER NATIONAL CERTIFICATION



**Fast Track Training in 4 Hours
Earn YOUR National Certification**

Register to train and test for the American Traffic Safety Services Association "National" Flagger Certification, recognized and accepted by Connecticut Department of Transportation. Participants will: understand the principles of flagging, learn flagging techniques and procedures, and understand the roles/responsibilities of a flagger in a work zone. Upon satisfactory completion of this course/exam, participants will be certified for 4-years on the American Traffic Safety Services Association national registry.

Eligibility Requirements:

- No high school diploma necessary
- Minimum age, 18
- Must be able to read and write English

Thursday, May 23, 2024
 Tuition: \$165 **(NO DISCOUNTS)**
 Time: 4pm-8:30pm (includes a 30 minute break at 6pm)
 Location: Plainville High School
 Minimum: 10 Register by April 4, 2024
 Instructor: Franklin A. "Chip" Darius Jr., OHST, CIT, CUSP

**The Heartsaver Program with Certification
AHA CPR/First Aid/AED-Adult/Child/Infant**



Includes training with an Automated Electronic Defibrillator (AED). Class covers the following topics: bleeding control, seizures, epi pen use, allergic reactions, snake bites, broken bones, poisoning, CPR for adults, children, and infants, choke-saving, how to use an AED, and other life-threatening emergencies. This course is for first time students, renewing, or recertification, and is considered a CPR and basic first-aid class. Upon completion, you will receive Certification from American Heart Association for Adult, Child & Infant CPR/First Aid/AED. The course is a combination of ZOOM and in-person; you must attend both! Certification: American Heart Association Card: Valid for 2 years, receive card via mail after class.

Monday, May 13, 2024 / 6pm-9pm / ZOOM from home on your computer...Take your test in-person on Tuesday, May 14, 2024 from 6pm-9pm, Plainville High, Room 123
 Fee: \$135 includes book. Minimum: 10 Registration Deadline: 5/7/24. Instructed by Louis J. Bonito **(NO DISCOUNTS)**

Celebrating 26 Years of Learning and Growing with Plainville Families. Building the Bridge Between Home and School. Like Us on Facebook



**Linden Street School
69 Linden Street
Plainville, CT 06062
Phone (860) 793-6304 ext. 0
Fax (860) 793-3269**

WHERE IT ALL BEGINS!!! The mission of Plainville Family Resource Network (PFRN) is to deliver nurturing multi-dimensional programs and services for all families, all children. Support provided by PFRN helps build strong home-school-community partnerships, healthy thriving families, and children who are ready to learn. PFRN provides high-quality educational experiences through age-appropriate fun activities, laying the foundation for future school success. Connecticut's Early Learning and Development Standards (CT ELDS) are used to guide lesson preparation to ensure the children are receiving the necessary knowledge and learning opportunities during the earliest years of development. Programs are designed for children birth through elementary school age as well as programs for parents, childcare providers, and relatives providing care for their family members.

Play & Learn Groups

"PLAY IS THE WORK OF CHILDREN" Parent and child interactive Play & Learn Groups focus on early literacy and the social skills necessary for children to be successful in school. Through a combination of free play, age-appropriate activities, and gently structured storytimes, children's love of learning and all areas of development are strengthened. Groups are held at Linden St. School Mon., Tues., & Wed. mornings 9:30am-11:00am. Also, an evening group is available Mon. 6pm-7:15pm. All Plainville children birth to age 5 are welcome to attend with a parent, grandparent, or care provider. Please contact us for pre-registration info. at the Plainville Family Resource Network (860) 793-6304 Ext. 0 or email pfrn@plainvilleschools.org.

Evening Play & Learn Group

Enjoy a special evening focused on quality time with your child while meeting with other Plainville families. Creative play and storytime included, each Monday while school is in session, 6-7:15pm. Older siblings are welcome to join the fun! Please contact us for pre-registration information.

PFRN Personal Visitation

This program provides education and support in English and Spanish to families, childcare providers, and relative care providers who have children ages pregnancy through age 5. They are supported by trained parent educators using Parents As Teachers research-based evidence informed curriculum to help parents and caregivers understand their role in encouraging their child's development right from conception. Parent educators translate scientific research on early brain development into specific when, what, how, and why information for families. By understanding what to expect during each stage of development, parents can easily capture the teachable moments in everyday life to enhance their child's language development, intellectual growth, social development, and motor skills. In person or virtual visits are available to meet the individual needs of each family. Call PFRN to schedule a personal visit (860) 793-6304 Ext.0.

Circle of Security® Parenting Workshop

The Circle of Security® Parenting program is based on decades of research about how secure parent-child relationships can be supported and strengthened. At times we may feel lost or not understand what our children might need from us. Imagine if you were able to make sense of what your child was really asking from you. Using this model our trained Facilitator works with small groups of parents and care-givers providing strategies to: Understand their child's emotional world by learning to read emotional needs; Support their child's ability to successfully manage emotions; Enhance the development of their child's self esteem; Honor the innate wisdom and desire for their child to be secure. Contact PFRN for more information and current schedule of workshops: (860) 793-6304 Ext. 0.

Preschool Developmental Screenings

Plainville Community Schools has partnered with the CT Office of Early Childhood to offer all families of children ages 0 to 5 access to parent screening questionnaires about their child's development. Use this QR code to download the Sparkler app and use the Sparkler Access Code "PLV" to share your responses with Plainville staff who will contact you with results and provide guidance and support if there are any identified areas of developmental delay.



PreK Program for 4 Year Olds

Plainville Community Schools Preschool program is seeking Plainville students who will be 4 by September 1, 2024. The program will run 5 full days a week and will be provided at no cost of parents at each of the three elementary schools. Transportation will be provided to and from students' homes and/or Plainville childcare providers following current district policy. Contact the Central Registration office at 860-793-6301, option 3, to register your child.

Child Care Providers

The Plainville Family Resource Network offers services to family child care providers and relatives who care for young members of their extended family. We provide ongoing support services and resources to include professional development opportunities, early childhood resources, personal visits, resource/referrals, and a lending library. Contact the Plainville Family Resource Network for more information: (860) 793-6304 Ext. 0 or email pfrn@plainvilleschools.org.

Raising Readers Parent Book Club

Discover fun new ideas for exploring books with your child while adding to your home library. Childcare provided during club meetings. Please call (860) 793-6304 ext.0 for the current schedule and registration information.

Summer Play & Learn Groups

It's a "SEA" World Summer! Daytime groups for families to make a splash with fun opportunities for learning all with an OCEAN theme. Tues. & Thurs. 9:30-11:00am. CONTACT PFRN for pre-registration information.



See Page 2

Thurs. April 18, 2024 5:30pm-8:30pm at PHS



Register: 860.793.3209

Clases de educación para adultos

- preparación para la ciudadanía
- educación básica para adultos
- preparación para el GED
- Inglés como segundo idioma

¡Línea directa de información en español! (860) 793-6304 x 3

A Family Literacy Program with Cost-Free Child Care

Promotes College and Career Readiness:

- GED® Prep
- Adult Basic Education
- English as a Second Language

Includes: health literacy, technology, workforce preparation, presenters, and more!

Pre-Registration is required: (860) 793-3209

Location

Plainville Family Resource Network at Linden Street School
69 Linden Street
Plainville, CT 06062

Schedule

February 5 - May 22, 2024 (open enrollment, join anytime)
Mondays, Tuesdays, Wednesdays
9:15 a.m. - 11:15 a.m.

And ESL Family Language Lab: Wednesdays 11:15 a.m. - 12:15 p.m

This Family Literacy Program provides Adult Education, Early Childhood Education, Parent Education, and educational activities for parents and children together. This program is provided by a federally funded grant, and is run in partnership with PFRN and Plainville Adult and Continuing Education.

Information

PLAINVILLE ADULT EDUCATION REGISTRATION FORM - SPRING 2024

Name _____
 Address _____
 City/Zip _____
 Phone _____
 Email _____
 NEW Course Suggestion: _____

_____ Indicate if you are a Plainville Resident Senior Citizen (62 and over) then deduct 30% off of the advertised fee for any **one** program. Please Note: this discount does not apply to courses with "NO DISCOUNTS" specified in course descriptions.

Course _____ Fee \$ _____
 Course _____ Fee \$ _____
 Course _____ Fee \$ _____

Pierrette's Closet Relief Fund Merchandise:

Mask \$8, Bag \$4, Tee \$14 (circle size L or XL) Fee \$ _____
 Please see "Merchandise Policies," right column.

TOTAL ENCLOSED \$ _____

NOTES: _____

Consult your own medical advisors before making any decisions based on examples used by instructors in any of the courses. All of our physical education courses may be strenuous. Therefore, consult a physician before enrolling. By enrolling in these courses you indicate that you have no physical condition that would make participation hazardous to your health.

Thank you for making your check payable to: **PLAINVILLE ADULT EDUCATION**
 Please photo copy as needed, and mail form(s) with tuition to:
 Plainville Adult and Continuing Education
 47 Robert Holcomb Way Plainville, CT 06062

WE ACCEPT CREDIT/DEBIT CARD PAYMENTS ONLINE

Step 1- visit: www.plainvilleschools.org/departments/adult_ed
 Step 2- click on: "Registration"
 We do not accept credit card payments over the phone or in-person. The (non-refundable) convenience fee when using a credit card is a percentage rate fee, of 4.95%. If a course cancels, this convenience fee will not be refunded. **Please Note:** No convenience fees will be charged for payments made via check, money order, or cash, using the paper Registration Form in this Program Guide. *Thank you.*

Pierrette's Closet



Pierrette Plourde

"Pierrette's Closet" is an on-site resource, perpetually projecting goodwill, while equipping visitors (who, like Pierrette, may have put the needs of others before themselves) with outfits, inspiring confidence and success. Pierrette Plourde was a beloved Plainville resident who demonstrated and prioritized kindness in her relationships with her close-knit family and large circle of friends. In the spirit of her generous and sweet nature, the Plourde family has donated Pierrette's quality clothing, shoes, and accessories to Plainville Adult Education students, who may be in need of appropriate interview and career attire.

Pierrette's Closet Relief Fund was established by Plainville Adult and Continuing Education and Roger Plourde. The fund was created to honor the memory of Plourde's deceased wife, Pierrette, who passed away in 2016. The primary purpose of this fund, is to assist Plainville Adult Education mandated students, who are in need of temporary financial assistance. Adult education students may apply through a formal application process to receive assistance, capped at \$100. Funds are reserved to address immediate needs not supported through Adult Education funds, such as transportation or clothing. Those interested in donating to the fund, may indicate such on the "Notes" section of the Registration Form, page 7, and include check payment. If you need a scholarship to any adult ed. course due to financial hardship, please call and request an application: 860.793.3209.

Order a T-shirt, tote bag, or mask with a vintage Plainville Adult and Continuing Education logo! 100% of fees go directly to the Relief Fund.

Enrichment Program Policy: Courses are offered on a self-sustaining basis. If the enrollment is insufficient to cover the cost of the course, the course will be cancelled and the fees received will be refunded. Allow 6-weeks for processing refunds. No registration confirmation will be mailed to you. Unless notified the contrary, assume that you are enrolled and your class will run as scheduled. In the event of a filled class or cancelation, every attempt will be made to notify you.

All Courses: Structure and requirements may be adjusted based on future health guidance.

Refund Policy: A full refund is given only when Adult Ed. cancels a course. Regrettably, no other refund requests can be honored. Please allow 6-weeks for processing. No refunds once classes have started.

Supplies/Materials: May be required for some classes.

Certificates of Achievement: presented upon request.

Who May Enroll: Residents / Nonresidents ages 16 + unless otherwise indicated. Mandated Programs ages 17+

Instructors: Are certified teachers or other members of the community with special areas of expertise that they are qualified to share. If you have course ideas or would like to join the faculty, please call (860) 793-3209.

Content: The instructors are hired to teach general concepts, not to provide specific advice to individuals. You should consult your own advisors/doctors before making any decisions based on examples used by instructors.

By enrolling in courses you indicate that you have no physical condition that would make participation hazardous to your health.

Weather Policy: If the day school is cancelled, all continuing education classes are postponed to a later date. If an afternoon storm develops, check www.ctweather.com for official notices.

Merchandise Policies: No returns. All sales are final. Regrettably, we cannot mail your items. However, items may be picked up at Plainville High School. Once ordered, we will contact you to make these arrangements.

For additional program information, please contact:

Jill O'Brien, Coordinator

Plainville Adult & Continuing Education

47 Robert Holcomb Way Plainville, CT 06062

860.793.3209 obrienj@plainvilleschools.org

Plainville Adult and Continuing Education is committed to a policy of equal opportunity/affirmative action for all qualified persons and does not discriminate in any employment practice, education program, or educational activity on the basis of race, color, national origin, sex, disability, age, religion or any other basis prohibited by Connecticut state and/or federal nondiscrimination laws. Inquiries regarding Plainville Adult and Continuing Education's nondiscrimination policies should be directed to Jill O'Brien (860) 793-3209.

General Accessibility and Accommodation: All activities offered by Plainville Adult and Continuing Education are held in accessible locations. Accommodations for individuals with a disability are available upon request. Please contact Martha Smith (860) 793-3209

Sec. 10-73a. Adult education fees and charges; waivers. Adult education school activity fund. (a) Tuition or registration fees shall not be charged by any school district to adults enrolled in any adult class or program required under subparagraph (A) of subsection (a) of section 10-69. Registration fees may be charged by a providing school district or cooperating eligible entity to a cooperating school district for any adult residents of such cooperating district who are enrolled in any adult class or program of adult classes maintained by such providing school district or cooperating eligible entity and required by said section.

Plainville Adult and Continuing Education
47 Robert Holcomb Way
Plainville, CT 06062
(860) 793-3209

Follow us on X: @PlainvilleAE

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Brian S. Reas, Superintendent of Schools

Sponsored by the Plainville Board of Education:

Jered Bruzas, Rachel Buchanan, Cassandra Clark, Lori Consalvo,
Rebecca Martinez, Crystal St. Lawrence, Becky Tyrrell, Foster White



FIND THAT BEAR! A very small Oso (Plainville Adult and Continuing Education mascot) is hidden in this Program Guide. Search through all of the content to find it. Then email your findings to: whitlockk@plainvilleschools.org subject line "I found Oso." Correct entries will go in a raffle. One winner will receive an adult Oso Tee. Drawing will be held on 5/31/24; winner to be notified via email. No purchase necessary.

FREE! English Conversation Club

Join a Learning Community at the Plainville Public Library



CALLING ALL ENGLISH LANGUAGE LEARNERS AGES 16 +

The English Conversation Club provides English Language Learners (ages 16+) with time to practice speaking English! The club is inclusive, meeting the individual needs of English language learners, while providing volunteers with an opportunity to learn about individuals and diverse cultures, making a positive and helpful impact. During the first hour, English language learners of all levels will attend an interactive session where the instructor will present the theme of the day to initiate conversations. Instruction will also include key vocabulary words and proper grammar usage.

CALLING ALL VOLUNTEERS!

Volunteers will join the session in progress during the last half hour of class. The Instructor will facilitate conversations among English language learners and volunteers.

JOIN TODAY!
(860) 793-3209

CALL PLAINVILLE ADULT ED

Saturdays: March 16 - April 20, 2024

REFRESHMENTS PROVIDED!

Class meets on Saturdays: 10am -11:30am (Volunteers attend 11am-11:30am)
Instruction provided by Midge Bresnahan, Tutor

This FREE program is possible due to a grant from the Elizabeth Harding Norton Trust Fund